## WORLD HEART & ENVIRONMENT HEALTH DAY

Name of the Event: Cycle Rally for World Heart & Environment Health Day

Joint Organisers: Rajagiri Amala Public School and St. Xavier's College Vaikom

Date: 30/09/2022, Friday

Venue: Rajagiri School to St. Xavier's College

Activity: Cycle rally

Theme: Start pedaling towards a better life..!

## **Report**

The cycle rally was organised for the students of Rajagiri Amala Public School, Moothedathukavu. The cycle rally was started from Rajagiri school to St. Xavier's College Vaikom via main road. More than 100 students of the school participated in the rally. There was an interim rest time at St. Xavier's college Vaikom during which our manager and principal gave message on importance of healthy life style on personal well being. Refreshments was also provided for the students. Students also expressed enthusiasm over the initiative and one of them said, "riding a bicycle is always fun. Parking a cycle is also so much simpler and easier. Since it requires no fuel, it is easy on the pocket". They also promised to spread message of good heart and environment health through use of bicycle.



